



delaware care

COLLABORATION

2018 CMS Quality Metrics

Metric Audit Review Strategy - MARS

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Screening for Future Fall Risk

Patient Population:

- 65 and older. To be completed once a year

Exclusions:

- There are **NO** exclusions to this measure

Exceptions:

- If a patient is **Non-Ambulatory**. Medical reason for not screening for fall risk must be documented in the patients chart or EMR

To satisfy the measure and be audit ready:

- The provider must ask the patient "If they have fallen in past 30 day or since last visit. Must document the results in the patients chart or EMR.



Ischemic Vascular Disease: Use of Aspirin or Antithrombotic

Patient Population:

- 18 years or older discharged "alive" for acute myocardial infarction, coronary by-pass graft, percutaneous intervention 12 months prior, OR active diagnosis of ischemic vascular disease with documented aspirin or antithrombotic therapy

Exclusions:

- There are **NO** exclusions to this measure

Exceptions:

- There are **NO** exceptions

To satisfy the measure and be audit ready:

- Must have documentation of the Aspirin therapy or prescription for antithrombotic in patient chart



Statin Therapy for Prevention and Treatment of Cardiovascular Disease

Patient Population:

- High risk patients with cardiovascular disease on a statin therapy, 21 or older with ASCVD, 21 or older with LDL-C greater than 190mg, 45-75 years with type 1 or 2 diabetes with a fasting or direct LDL-C of 78-189mg

Exclusions:

- There are **NO** exclusions to this measure

Exceptions:

- Allergy, intolerance to statin therapy, pregnant, breastfeeding, palliative care, liver disease, hepatic disease, ESDR, or diabetes with fasting or direct LDL-C <70mg that are not on a statin therapy.

To satisfy the measure and be audit ready:

- Must have documentation of the prescription for the statin therapy in patient chart



Medication Reconciliation Post-Discharge

Patient Population:

- 18 and up

Exclusions:

- There are **NO** exclusions

Exceptions:

- There are **NO** exceptions

To satisfy the measure and be audit ready:

- Must document the post-discharge medicine reconciliation within 30 days after every inpatient discharge via an in office visit



Use of Imaging For Low Back Pain

Patient Population:

- 18 – 50 years of age

Exclusions:

- Emergency visit that result in admission, diagnosis of low back pain 180 days prior to episode date, cancer, IV drug abuse, recent trauma, and neurological impairment

Exceptions:

- There are **NO** exceptions

To satisfy the measure and be audit ready:

- Patients with diagnosis of low back pain should use alternative therapy in lieu of ordering an x-ray, MRI, or CT Scan. Alternative therapy consists of ice, heat, physical therapy, anti-inflammatory medicine, or stretching. If pain persist after 2 weeks then reassess.



Hemoglobin A1c Poor Control

Patient Population:

- 18 -75 years of age

Exclusions:

- There are **NO** exclusions to this measure

Exceptions:

- Medical, patient, or system reasons

To satisfy the measure and be audit ready:

- A1c lab results must be in the patient chart and must be > 9.0% (Inverse measure the lower the better).
Medicare covers up to 4 A1c's per calendar year.
Patients should be tested every 3-4 months



Diabetic Eye Exam

Patient Population:

- 18 -75 years of age with diabetes who have had a retinal or dilated eye exam. Look back if had a negative eye exam 12 months prior

Exclusions:

- There are **NO** exclusions to this measure

Exceptions:

- There are **NO** exceptions to this measure

To satisfy the measure and be audit ready:

- Results of the eye exam must be in patient chart



Controlling High Blood Pressure

Patient Population:

- 18 -85 years of age with diagnosis of hypertension and adequately controlled (<140/90)

Exclusions:

- Dialysis, renal transplant, ESDR, pregnancy, or stage 5 chronic kidney disease

Exceptions:

- There are **NO** exceptions to this measure

To satisfy the measure and be audit ready:

- Documentation of blood pressure in patient chart



Annual Screening for Clinical Depression

Patient Population:

- 12 and older

Exclusions:

- Active diagnosis of depression or bi-polar disorder

Exceptions:

- Medical or patient reasons

To satisfy the measure and be audit ready:

- Must administer an annual depression screening tool (The DCC recommends using the PHQ-9) and have a copy in the patient chart



Breast Cancer Screening

Patient Population:

- 50 - 74 years that have a mammogram within 27 months

Exclusions:

- Bilateral or two unilateral mastectomy

Exceptions:

- There are **NO** exceptions to this measure

To satisfy the measure and be audit ready:

- Must have a copy of the results in the patient chart (Result Face Sheet is acceptable)



Depression Remission at 12 Months

Patient Population:

- 18 and older

Exclusions:

- Nursing home residents, active diagnosis of bi-polar, or personality disorder

Exceptions:

- None

To satisfy the measure and be audit ready:

Must have a copy of PHQ-9 screening in the patient chart. (Will need a follow up PHQ-9 from the date of depression diagnosis within 11-13 month period)



Colorectal Cancer Screening

Patient Population:

- 50 - 75 years of age

Exclusions:

- A diagnosis or history of a colectomy or colon cancer

Exceptions:

- There are **NO** exceptions to this measure

To satisfy the measure and be audit ready:

- Documentation of colonoscopy , I FOBT, or Cologuard results in patient chart



Screening for Flu Immunization

Patient Population:

- 6 month and older. To be administered once a year (August 1st through March 31st)

Exclusions:

- There are **NO** exclusions to this measure.

Exceptions:

- Medical, patient, or healthcare reasons

To satisfy the measure and be audit ready:

The provider must ask the patient "If they have had the Flu shot". Must document the date of flu shot in patient chart. This metric can be self-reported.



Pneumonia Vaccination Status for Older Adults

Patient Population:

- Patients 65 years or older who received the pneumococcal vaccine.

Exclusions:

- There are **NO** exclusions to this measure.

Exceptions:

- There are **NO** exceptions to this measure.

To satisfy the measure and be audit ready:

- Record and document in the patients chart or EMR those patients who received the pneumococcal vaccine. Patients 65 and older only need to have one recorded pneumonia vaccination during their life time.



Body Mass Index (BMI) Assessment

Patient Population:

- 18 and older

Exclusions:

- Pregnancy

Exceptions:

- Medical or patient reasons

To satisfy the measure and be audit ready:

- Documentation of BMI in patient chart completed at least twice a year



Tobacco Use: Screening and Cessation Intervention

Patient Population:

- 18 and older

Exclusions:

- There are **NO** exclusions

Exceptions:

- Medical reasons

To satisfy the measure and be audit ready:

- Documentation of screening or cessation follow up plan in patient chart